

Stanningley Primary Leeds and Bradford Road, Stanningley, Pudsey LS28 6PE Health and Wellbeing Services Children and Families Dept Leeds City Council Adams Court, Kildare Terrace Whitehall Road Leeds LS12 1DB

Email: schoolwellbeing@leeds.gov.uk Date: 6th December 2023

Dear Julie, Tammy, Di and Jemma,

Thank you for inviting me into your school to carry out a Healthy Schools external validation visit on 23rd November 2023.

Based on the findings of the visit, I am pleased to confirm your continued Healthy Schools status. Thank you for continuing to support the Healthy Schools agenda and for continuing your work in the core 4 areas of health and wellbeing, for the benefit of the pupils and whole school community. As a result of your ongoing commitment to this important agenda, I am pleased to confirm that your school is also a Health and Wellbeing Service Beacon School.

During the visit there were many examples of excellent practice including:

- The dedication, commitment and passion shown by the staff, to ensure that positive relationships are the foundation for which all practice and policies are based. Building strong relationships at all levels, including those with outside agencies, are key at Stanningley Primary school. The Webster Stratton approach for behaviour management is well embedded and focuses on building a positive environment. This is reflected in the school's pupil survey with 99% of pupils saying that adults care about them. Every element of school life is a journey which the whole school community is involved in. Pupil, staff, governor and parent voice all have equal importance. Adults and children feel valued and trusted and this creates a happy, supportive, and nurturing environment.
- The 'can do' approach of the Healthy Schools team. An inspiring and hard working team have embedded the Healthy Schools framework for many years. This is a team who are passionate about the health and wellbeing of the school community and therefore continuously strive to keep moving forward. Healthy Schools messages are filtered into all areas of school life and the children spoken to share the same passion and positivity as the staff.
- Equality, diversity and inclusion are key elements of life at Stanningley Primary School. Providing all pupils with a wealth of opportunities is a key priority and staff work hard to remove any barriers to participation whether they are financial, emotional, academic or otherwise. Staff have received Embracing Difference, Ending Bullying training through Diversity Role Models. Pupils show an excellent understanding of diversity and inclusion and can talk about the many opportunities they have to support this understanding such as, the range of different texts they read, the Picture News online session, Peace Week and the M2 girls group

which has been really successful at not only increasing activity levels but in also developing self-esteem and resilience. The pupils show a good understanding of the protected characteristics and British Values and this is reflected in the survey data with 100% of pupils saying that they have had enough information about respecting others. Following the Picture News session, pupil feedback highlighted the existing knowledge of the pupils who said it helped to reinforce the important messages about respect and discrimination.

- Personal development is a golden thread across the curriculum and • **beyond.** Pupils are provided with a range of opportunities through different trips, visitors and experiences. All classes experience performing together through music lessons delivered by Artforms, classes have links with the art gallery, chess lessons and the fantastic opportunity to visit London as part of the chess competition are just a few examples of the many and varied opportunities. Children understand the value of belonging to a community and supporting others through the regular events attended with the Bramley cluster, the choir singing at the local residential home, litter picking in the local area and many more. Pupils' talents and interests are nurtured and celebrated. Stanningley Primary School's Got Talent is a much loved event. Pupils are given a real life understanding of democracy through the voting process for roles of responsibility. Pupil voice and the many roles of responsibility allow pupils to play an active role in the life of the school and this is something which they are rightly proud of. There is a real sense of community and shared responsibility.
- The work that has been carried out to ensure that the PSHE curriculum is broad, balanced and needs led. PSHE has a high profile in school and is very well led and managed by a passionate and experienced PSHE lead. Regular monitoring ensures that the pupils are developing the knowledge and skills set out in the curriculum. Pupil voice plays an important role in influencing the curriculum through the effective use of the My Health, My School survey data and pupil interviews. The curriculum is carefully designed to ensure it meets the statutory guidance as well as meeting the needs of the school community. For example, additional work on rail safety is incorporated into the curriculum to safeguard children as the local railway line has been identified as a safety hotspot. The PSHE lead utilises every possible opportunity to embed children's learning and provide real life experiences. The local park is used regularly for physical activity sessions and therefore pupils are taught how to stay safe when using their local park, both inside and outside of the school day. Following their rail safety workshop in Year 5, Year 6 were able to put their learning into practice when travelling, by train, to their residential. Strong relationships with Community Rail meant that, not only was the travel free of charge, reducing the cost of the residential, but the same staff member accompanied the pupils to reinforce their learning. This is one example of many different links with outside agencies and the benefits these bring to the pupils. Pupils clearly value PSHE lessons and understand their importance.

The provision to support the social, emotional, and mental health (SEMH) of the whole school community is excellent. Everything that Stanningley Primary school do centres around developing the whole child with the understanding that basic needs have to be met first and foremost. The universal offer for pupils is broad and well established with MindMate lessons embedded within the curriculum. Pupil feedback highlights the value that they place on these lessons in understanding the importance of talking about feelings, knowing how to manage uncomfortable feelings and who to go to for support. The School MindMate Ambassadors recently attended a training event to support them in their role. As staff know their pupils and families well, they are able to be proactive, as well as reflective, and provide timely and bespoke support to meet individual needs. A wide range of targeted sessions are provided to support pupils with additional needs. Where further support is needed the school make good use of the Bramley Cluster and the MindMate Support Team. Robust systems are in place to ensure that advice, support and training are given where needed, both for staff and parents. The family support worker plays an invaluable role in supporting pupils and parents.

- The drive to ensure that all pupils are physically active through a diverse • range of events and opportunities. PE, physical activity and school sport are an integral part of Stanningley Primary School. The PE lead shows great passion and determination to ensure that opportunities to be active and to participate are available to all. The REAL PE scheme is used effectively to develop and apply knowledge and skills progressively across year groups. A sports coach works across school to deliver lessons and clubs and is a great role model for the pupils. A wide range of lunchtime and after school clubs are available, with pupil voice influencing what is on offer. There are many opportunities to take part in a range of competitions and pupils and staff are rightly proud of their success. The many opportunities have enabled the school to achieve the Platinum Schools Games Mark. The outdoor space is used creatively and has a range of different equipment. Active travel is encouraged at every opportunity through bike, scooter or pedestrian training and there is storage for bikes and scooters. The PE and Sports premium is used very effectively to ensure that the impact is sustainable. The daily mile is well established and ensures pupils are active outside of PE and break times. Pupils are encouraged to be active at home through the newly introduced 'Burst' app. Staff help children understand the importance of being active but also use physical activity as a further opportunity to embed the behaviour policy and the school values.
- The approaches used by staff to share healthy eating messages through the curriculum and beyond. The progression of knowledge and skills for healthy eating, cooking and nutrition is carefully considered. A lot of work has been carried out to ensure Cooking in the curriculum is well embedded and enhanced through the Health Week with opportunities to plan and prepare healthy food. Skills are carefully monitored to ensure progression across the curriculum. A range of opportunities are provided to support pupil's understanding of where food comes, such as gardening club, the pumpkin competition, the visit to the local supermarket and targeted family cooking sessions. The benefits of these sessions are wide ranging, and families are chosen for individual reasons thanks to the knowledge staff have about their families. The School Food Ambassadors work hard to raise the profile of healthy eating and support their peers to make healthy food choices. The vast majority of pupils report that staff encourage them to have a healthy lifestyle and this was certainly reflected in everything that I saw and heard about on the day.

Your Healthy Schools School status is valid for three years. During this period, we hope you will be able to share some of the excellent practices you showcased during the visit with other schools and colleagues from across the city.

Kind regards,

Sheryll Carter Healthy Schools Advisor Health and Wellbeing Services, Leeds City Council